

REACH Reimagined



Recovery and Healing

Relational support is key to recovery and healing from traumatic events such as COVID-19.

It's imperative we find ways to gather safely to foster socio-emotional growth in the face of:

- Isolation, depression, and suicidality
- Challenges of self-teaching
- Addressing loss
- Dysregulation

*Crisis can be a time of transformation,
not just a time of dislocation and isolation.
REACH Camp STAR 2020 took action.*

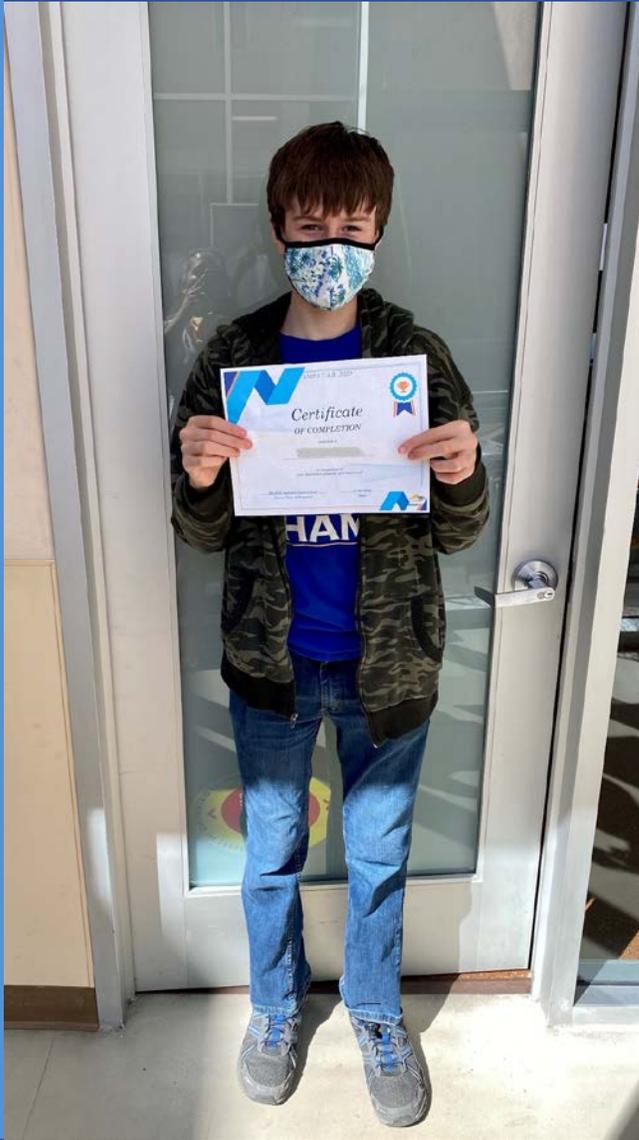


Camp STAR 2020 Model



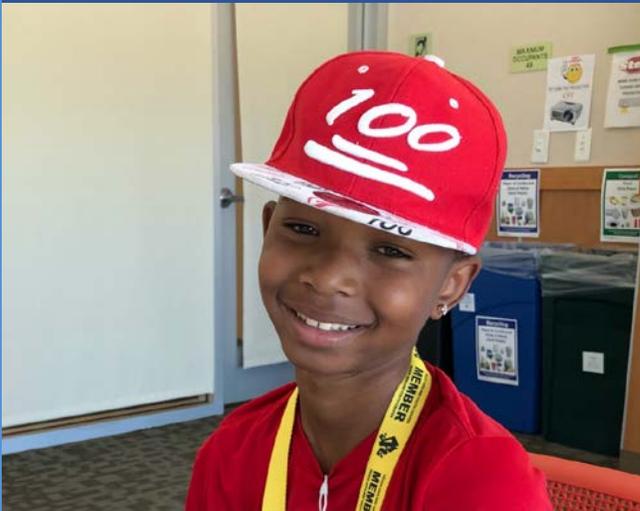
- High staff to student ratio (3 adults/10 youth) to account for scheduled and unplanned breaks in instructor corps
- Daily screening assessment for entry
- Enrollment only; no visitors
- No milieu (large group) activity
- Stable groups in designated workshop spaces; individual workstations and supplies
- Snack consumption in stable group settings; 'Grab and Go' participant meals
- Scheduled restroom breaks with immediate cleaning after use

Results



- Youth Served: 70 middle and high schoolers (campers and support interns)
- Meals Provided: 2,140
- Total Contact Hours: 2,240
- Heightened Public Health Awareness
 - Daily COVID-19 screenings and PPE requirements, building ‘muscle memory’ for youth
 - Consistent adult modeling of safe public behavior
 - Highly visible signage on COVID-19 facts and preventive practices
- School Readiness
 - Expert-led workshops developing skills and competencies in both new and familiar disciplines
- Organic Peer Connection
 - Camp STAR – a safe place for youth to build in community in-person again
- Stabilization
 - Member disclosure of issues that may be impacting them or family/peers
- Improved Partnership Relations

The Future – Bridging Education and Youth Development



- Cross-Disciplinary Program Design
 - Academic and career preparedness
 - Enrichment activities
 - Health and wellness supports
 - Increased touchpoints with members and families, ongoing assessment of all needs
 - Potential to quickly pivot and/or develop trauma-informed offerings
 - Expanded Education and Enrichment Spaces
 - Tech: Closing digital divide through consistent access to devices and bandwidth
 - Para-Educators: Adults with instructional experience providing individualized learning support for synchronous and asynchronous requirements
 - Enhanced Safety and Sanitization
 - Maintaining current aggressive janitorial schedule and procedures